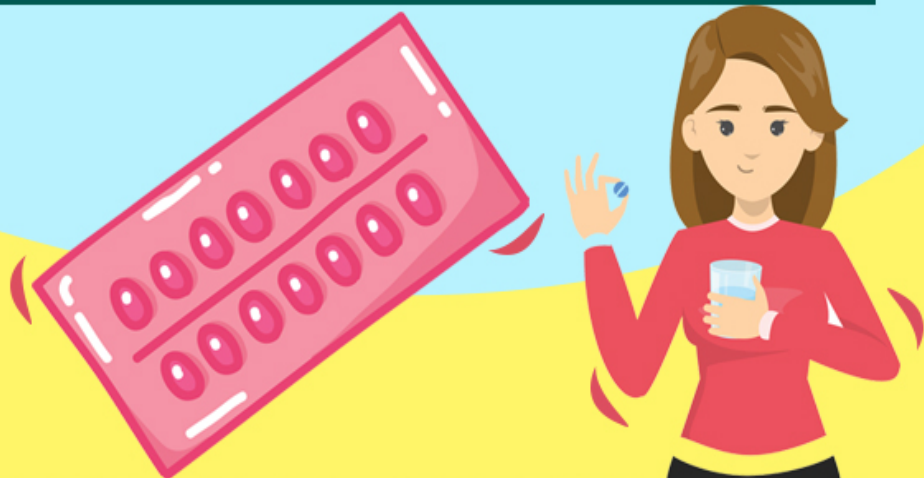


# Advantages And Risks Of

## Low-Dose

## Birth Control Pills



### Advantages

Decreased risk of certain cancers



Reduced likelihood of anemia



Less painful menstrual cycles



Reduced skin ailments such as acne



### Side Effects

Spotting or sudden, irregular bleeding



Abdominal cramps or bloating in the stomach



Breast changes, including painful or tender breasts



Raised blood pressure or hypertension

