



Different Types Of Under Desk Footrests

Foam-based footrests

provide cushiony, ergonomic comfort



Rocker-style footrests

double up as a balance board

Footrests with

acupressure points

double up as a massager



Footrests with

adjustable heights

facilitate customization for different users

Footrests with

adjustable inclines

offer usability at different angles



Footrests with

anti-slip surfaces

provide a better grip for the feet

Images: Amazon