

# ESSENTIAL PRIMITIVE REFLEXES OF A NEWBORN



## ROOTING REFLEX

The baby turns their head in the direction where they are touched on the face.

## SUCK REFLEX

A survival reflex where the baby starts sucking as soon as their mouth's roof or palate is touched.



## PARACHUTE REFLEX

A postural reflex where the baby spreads their fingers wide and extends their arms outward while standing upright when held in the air.

## GRASP REFLEX

A reflex where a baby closes their palms into fists when their fingers touch something.



## MORO REFLEX

A reflex where a baby responds to a sudden movement or noise by arching their back, extending their arms and legs, quickly pulling their arms together, and crying.

## TONIC NECK REFLEX

A postural reflex wherein the baby's arm of the side where their head is turned straightens, while the other arm bends at the elbow in a fencing position.

