

## Causes Of Causes Of IRREGULAR PERIODS After Miscarriage

After a miscarriage, the body may try to get rid of any remaining clot or tissue that can alter the period cycle.

If you had irregular periods before pregnancy, there is a high chance you will return to the same pattern after a miscarriage.

> You may no longer be ovulating. This can lead to the uterus lining growing thicker and eventually bleeding, similar to a period.

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Body weight can affect menstrual regularity, with underweight women potentially experiencing longer or fewer periods.

> Your body may be preparing for another pregnancy if you haven't had your periods in a couple of months.

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Source: https://www.momjunction.com/articles/first-period-miscarriage-everything-need-know\_0078033/