



Mistakes To Avoid When Oiling Your Scalp And Hair



Applying excessive oil can result in excessive shampoo usage.

Using aggressive massage strokes can cause hair breakage.



Massaging the scalp for more than five to ten minutes can weaken hair follicles.

Combing or tying your hair after applying oil can cause hair breakage.



Wrapping your oiled hair in a towel can be harsh on the hair strands.

Keeping oil in your hair overnight can clog the scalp pores with dust.

