Mistakes To Avoid
When Your Husband
Is Secret Texting

Assuming it's an affair without knowing who he's texting and why.

Letting your emotions overpower you and creating a scene in front of your friends and family.

Confronting him for an unrelated argument or when you are upset about something else.

Snooping on his phone in his absence to check the messages.

Reaching out to the woman without first confronting your husband. This can be an embarrassing mistake if you don't know the context of their texting.

Dictating him what he shouldn't do rather than saying why he shouldn't do it and how you feel.

Mom Junction