

Precautionary measures to take while calming a crying baby



Do not vigorously shake the baby, as it may cause a concussion and brain damage.

Do not give the baby to a child or someone immature.



If you feel frustrated or angry, place them in their crib or with a trusted family member and move to another room.

Do not smack or shout at them since that will only worsen the crying.



Do not give them a sugary snack or formula bottle each time they cry since you may end up overfeeding them.

References

1. Crying baby; Pregnancy, Birth & Baby
2. Crying Baby - Before 3 Months Old; Seattle Children's Hospital