Ways To Manage The **Baby's Headbanging During Sleep** 2

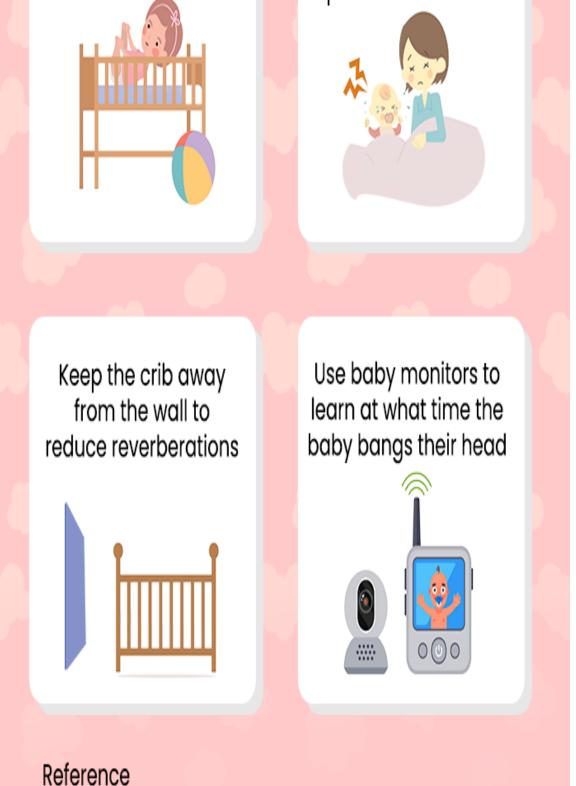
> Do not interfere if it is not causing any injury



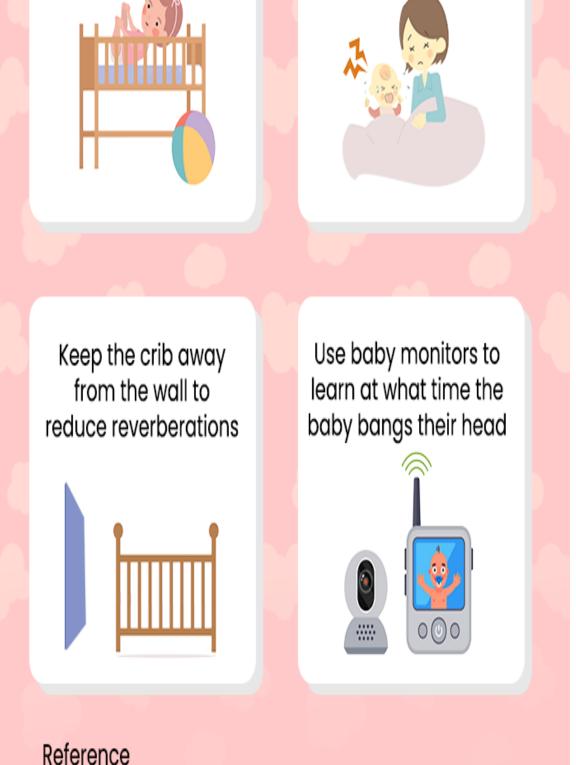
Look for signs of sleep disturbances



Ensure crib and bed meet safety standards



Do not add a soft blanket or pillows to prevent suffocation



1. Babies And Headbanging At Night; Sleep Foundation



Source: https://www.momjunction.com/articles/baby-hit-head-banging-causes-ways-todeal_00685292/