

# What To Do When Your Baby Has **COLD HANDS AND FEET?**



Snuggle the baby against  
your chest



Add more layers of warm  
cloth as required



Check for fever and  
other symptoms



Set room temperature  
to optimal



Observe skin and lip  
color; consult a doctor if  
you notice  
odd discoloration

## References:

1. Kangaroo mother care effective in prevention of hypothermia in term infants when practiced; The University Of Alabama At Birmingham
2. Babies in cold weather; Pregnancy Birth & Baby