

Facts About Itchy Belly In Pregnancy

Belly itching may indicate problems requiring medical care.



Scratching could do more harm to the skin.

An itchy belly is not related to the baby's gender.



Existing eczema and dry skin can worsen and cause intense itching in pregnancy.

Severe itching can cause sleep disturbances and exhaustion.



Evening or night itching needs a doctor's attention.



Home remedies and medications can give relief from belly itching.

Reference

Itching in pregnancy: five things you need to know; National Childbirth Trust.