

Facts About

Magnesium During Pregnancy



It plays a role in the programming of adulthood diseases during fetal life.

Magnesium deficiency can lower immune response.



Magnesium deficiency can cause intrauterine growth restriction.

Lower magnesium levels may trigger preterm labor and pre-eclampsia.



Magnesium sulfate is given for fetal neuroprotection.

Reference:

The Role of Magnesium in Pregnancy and in Fetal Programming of Adult Diseases; NCBI