



# Facts About Postpartum Arthritis

Postpartum arthritis can last for four to six weeks.



About 46% of women experience arthritis flares during postpartum.



Mothers may be prescribed breastfeeding-safe medicines to prevent disruption of nursing.



Preventive measures for venous thromboembolism may be recommended for ten days postpartum.



Postpartum arthritis may often affect a mother's ability to look after the newborn. Therefore, take help whenever needed.



## Reference:

1. Postnatal Care For Women With Rheumatic Diseases; NCBI

