



REASONS TO COMBINATION-FEED BREAST MILK

AND FORMULA



The baby may not be getting enough milk due to low milk production.



Your baby needs extra calories, which they can get from formula.

You may have to return to work or study and want to give formula with expressed milk for the time you are absent in a day.



You may need to share the responsibility with your partner or family members who can feed expressed breast milk and formula.

You may have been bottle-feeding formula exclusively and wish to start breastfeeding, but gradually.



References:

- Introduction to mixed feeding; NHS
- Mixed feeding challenges; NHS