

Conditions Requiring Side-Lying Breastfeeding Position



At the hospital



After a cesarean section



In case of forceful letdown or oversupply of breast milk



During nighttime



If the woman has large breasts



If the woman is feeling strained when in the sitting position



During an illness of the baby or the mother



Mom Junction

Source: https://www.momjunction.com/articles/side-lying-breastfeeding-nursing-when-

and-how-to-do_00668627/