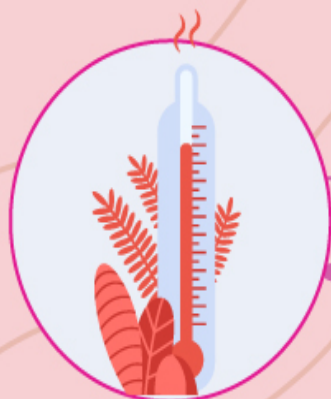


COMMON REASONS FOR **NIGHT SWEATS** IN TODDLERS



Hot or humid sleeping environments can cause excessive sweating.

A fever can cause night sweats as the body cools down through sweat evaporation.



Toddlers may experience night sweats due to nightmares and night terrors.

Hyperthyroidism caused by congenital thyroid problems can lead to cold sweats at night.



Genetic conditions like cystic fibrosis, congenital heart problems, and autism spectrum disorders can cause night sweats and damp skin.

Obstructed airways causing sleep apnea can result in excessive night sweats.

