

A simple "thank you" can make you appear humble, while contradicting their statement may seem arrogant.





Acknowledging their appreciation can help you regain confidence and see the good in people.

It saves the other person embarrassment and shows them respect.





People will feel more comfortable approaching you.

You can defeat their purpose of demeaning you if their intent is sarcasm. Thus you display your confidence and wit.





Mom Junction

Source: https://www.momjunction.com/articles/how-to-respond-to-acompliment_00695698/