

Reasons WHY PEOPLE STAY IN A TOXIC RELATIONSHIP



Some people prefer to stay with their toxic partners despite knowing the abuse and suffering they are subjected to. There could be many reasons for this.



Low self-esteem



Afraid of being single



Inability to recognize red flags as a result of the normalization of abusive family relationships



Too much love and attachment to their partner



Afraid of being judged, criticized, or looked down on



Fear of being rejected in the future